## Anaphylactic Reaction/EpiPen Policy

Anaphylactic shock is an acute and often life-threatening reaction to an allergen to which the person is hypersensitive.

## Signs/Symptoms:

## I.Integumentary:

- Generalized flushing
- · Itching or hives covering body
- II. Respiratory:
  - Nasal congestion, sneezing, and coughing
  - Bronchospasm and/or edema of larynx
- III. Cardiovascular:
  - Tachycardia or bradycardia
  - Hypotension with signs of circulatory failure
- IV. Gastrointestinal:
  - Nausea, vomiting, diarrhea, abdominal cramping

## Procedure:

The School Nurse will assess/evaluate the student's physical status, including airway, heart rate, blood pressure, respiratory rate and generalized appearance. If anaphylactic shock is suspected, EMS will be called immediately via 911.

The Nurse will administer the EpiPen per package instructions and dosage guide:

- I. 0.15mg for persons weighing 33-66 lbs.
- II. 0.3 mg for persons weighing 66lbs. or greater.

Continuous monitoring of the affected person will be done by the School Nurse until EMS arrives and takes command of the scene. If necessary, CPR will be initiated by the School Nurse, with other faculty and school staff members being recruited to aid in said situation until EMS arrives and takes command of the scene.

Parents/guardians will be notified ASAP.

A brief summary of the events and documentation of the use of the EpiPen will be created and placed in the student's health file.

Dr. Jason Woloski, Medical Director

Wilkes-Barre Area School District

September 2020