

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Wilkes-Barre Area School District
Title I Federal Programs



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Sit in the grass with your child. How many creatures can you find that make their homes in the ground?
- ☐ 2. Challenge your child to figure out a math problem without using pencil and paper or a calculator.
- ☐ 3. It's National Physical Fitness and Sports Month. Enjoy a new fitness activity you can do together as a family.
- ☐ 4. Today is National Weather Observers Day. Go outside and observe the clouds with your child.
- ☐ 5. Create a special holiday just for your family.
- ☐ 6. Praise your child for doing something well today. Make your praise as specific as possible.
- ☐ 7. Challenge each family member to bring an interesting fact to dinner.
- ☐ 8. Ask the school about dates for year-end tests. Make sure your child gets enough sleep in the weeks before.
- ☐ 9. Ask your child to predict the results of flipping a coin 10 times. Try it and compare the outcome to the estimate.
- ☐ 10. Encourage your child to write a letter today to a faraway relative or friend.
- ☐ 11. Help your child pick some flowers (with permission) or pretty weeds and give a bouquet to someone special.
- ☐ 12. Teach your child this stress-relieving strategy: Breathe deeply while slowing counting to 10.
- ☐ 13. With your child, pretend you are in an opera. Sing everything you say to each other today.
- ☐ 14. If your child dawdles, offer a challenge: "Can you complete [the task] before I count to 25?"
- ☐ 15. Help your child learn where your town's water comes from.
- ☐ 16. Watch a movie based on a children's book with your child. Then, read the book together. How are they different?
- ☐ 17. Make sculptures of each other out of clay.
- ☐ 18. Today is International Museum Day. Talk with your child about the value of museums. Visit one locally or online.
- ☐ 19. How many times can your child jump rope without missing? Estimate and then find out!
- ☐ 20. Get some sidewalk chalk. Do math problems outside together.
- ☐ 21. Brainstorm together about how your family could help beautify your neighborhood.
- ☐ 22. Ask your child to draw a map of how to get from your home to school.
- ☐ 23. Help your child find out what's inside a seed. Soak a dry bean overnight, remove the coat and pull the halves apart.
- ☐ 24. Go for a walk or bike ride with your child today. Try to spot things you haven't seen before.
- ☐ 25. Talk about things that used to be hard for your child that are easy now.
- ☐ 26. Help your child figure out the perimeter and area of a room in your home.
- ☐ 27. Talk with your child about the importance of reading all summer long.
- ☐ 28. Encourage your child to write a thank-you note to a favorite teacher.
- ☐ 29. Look for summer camps or programs that your child might enjoy.
- ☐ 30. Talk to your child about the values that are important to you.
- ☐ 31. Review your child's list of goals for this school year. Did your student accomplish them? Make some goals for next year.