

## PREVENTION RESOURCES AND EDUCATION FOR PARENTS



Caron's Student Assistance Program presents PREP, Prevention Resources and Education for Parents, a program designed for parents and caregivers of children in middle school and high school. The program is facilitated by professionals in the field of addiction treatment.

## **Program Objectives**

- Provide information on current youth drug trends, such as vaping, and the dangers of use to the developing brain and body
- Empower parents and caregivers with effective communication skills when talking with their children about alcohol, tobacco and other drug use
- Review the importance of establishing clear rules and consequences at home regarding substance use
- Evaluate resiliency factors that help protect kids from substance use
- Provide local resources if addiction support is needed

## Join Us for an Upcoming Virtual Presentation

This one hour live presentation provides parents and caregivers of middle and high school students with information that research shows can help reduce the chances that their teen will engage in substance use.

February 21st, 2021, 12pm-1pm EST

To register, please email Nicole Rex at nrex@caron.org.